



February 14, 2019

For immediate release:

Aski Holistic Adventures celebrates a successful year

Aski Holistic Adventures is located on the Saskatchewan River Delta, 55 km northwest of Cumberland House. The company offers remote, nature-based tourism experiences that embrace holistic living, herbal medicine and eco-therapy. Owner Michela Carrière launched the venture in February 2018, working alongside her family's outfitting business, Big Eddy Lodge. Carrière is an experienced outdoor guide and herbalist, and she is a certified Wilderness First Responder and Horticulturist.



Michela Carrière. Photo provided by APTN.

In her first year of operation, Carrière has introduced guests to the wonders of the Saskatchewan River Delta, the largest inland river delta in North America. A four-season operation, Aski Holistic Adventures offers a selection of experiences, including guided canoe journeys, customized tours and retreats that connect visitors with the healing powers of nature and the northern forest.



Aski Holistic Adventures. Photo by Jason Surkan.

In October 2018, Aski Holistic Adventures was presented with the Saskatchewan Indigenous Experience Award – Outdoor at the Indigenous Tourism Awards celebration, which was a highlight of the International Indigenous Tourism Conference that was hosted in Saskatoon.

2019 is off to an exciting start for the company, with Carrière appearing in the Aboriginal Peoples Television Network (APTN) documentary series *Merchants of the Wild*, premiering on February 22. The series follows the teaching, struggles and self-discovery of six Indigenous youth on a 25-day canoe adventure across the traditional territory of the Oji-Cree in northern Ontario. Information about the series is available at www.merchantsofthewild.com.

Carrière is soon travelling to Panama to present a workshop at the Tribal Gathering 2019, occurring February 15-March 4. The forum links Indigenous communities throughout the world and encourages the sharing of knowledge, traditions and ideas to improve livelihood and preserve culture and natural habitat.

Visit www.askiholisticadventures.com for details about experiences and services offered.

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