Atlantic Canada Indigenous Adventures

Since time immemorial, the Mi'kmaq Nation has called the Atlantic region of Canada home. Discover a living culture through local art, legends, music, spirituality, and history. Enjoy festivals, events and pow wows that celebrate thriving and vibrant native languages and Mi'kmaq heritage.

**Details**

**Provinces:** Nova Scotia, New Brunswick, PEI  
**Length:** 13 Nights / 14 Days  
**Dates:** May – September

**Itinerary & Route**

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| 4   | Digby › Fredericton |
| 5   | Fredericton › Metepenagiag  
| 6   | Metepenagiag › Moncton  
| 7   | Moncton › Charlottetown  
| 8   | Charlottetown › Antigonish  
| 9   | Antigonish › Baddeck  
| 10  | Baddeck  
| 11  | Baddeck › Membertou  
| 12  | Membertou › St Peters  
| 13  | St Peters › Millbrook  
| 14  | Millbrook › Halifax  

**Nova Scotia, New Brunswick, & Prince Edward Island**

Discover the Atlantic Canada provinces of Nova Scotia, New Brunswick and Prince Edward Island. Embrace the three provinces’ rich First Nations culture and Acadian history, while experiencing the stunning natural beauty of their rugged shorelines, sweeping flatlands, quaint towns, and the magnificent Cape Breton Trail.
Atlantic Canada Indigenous Adventures: Highlights

Day 1
Arrive in Halifax.

Day 2
Head south to Peggy’s Cove and then on to the wilderness of Kejimkujik National Park (where you will spend the night), along the centuries-old Mi’kmaq canoe routes.

Day 3
Explore the part on a guided tour to explore the Mi’kmaq Petroglyphs. En route to an overnight in Digby, stop at the Bear River First Nation Heritage and Cultural Centre.

BearRiverFirstNation.ca

Day 4
Cross the Bay of Fundy to Saint John and head to Fredericton where you can visit Aduksis Jewellery Designs, a Nekootkook jeweler whose beautiful pieces are inspired by tradition.

Aduksis.com

Day 5
Depart Fredericton early in the morning and head north to the First Nations community of Metepenagiag and visit the Metepenagiag Heritage Park, where the Mi’kmaq people will have newly repatriated artifacts on display showcasing more than 10,000 years of Mi’kmaq history and culture in the area. Overnight at First Nations-owned Metepenagiag Lodge a beautiful cedar lodge surrounded by nature with stunning views of the Miramichi River.

MetPark.ca
RedBankLodge.com

Day 6
Follow the Acadian Coast Drive to Kouchibougouac National Park, stopping to explore this place named “river of the long tides” in Mi’kmaq. Overnight in Moncton.

Day 7
Today head to Prince Edward Island, over the Confederation Bridge. From there, drive north up to the community of the Lennox Island Mi’kmaq First Nation and visit the amazing artisans at Indian Arts & Crafts and Micmac Productions. Overnight Charlottetown.

LennoxIsland.com
IndianArtPEI.com

Day 8
Overnight Antigonish.

Day 9
Enroute to Baddeck, visit the Wagmatcook Cultural and Heritage Centre a centre rich with exhibits, authentic cultural dining and a selection of authentic Mi’kmaq arts and crafts.

WagmatcookCentre.com

Day 10
Explore the Cabot Trail.

Day 11
Today, a short drive will bring you to the First Nations community of Membertou and the Membertou Heritage Park, a five-acre site that offers a living history of the people of Membertou. Overnight at the community-owned Hampton Inn by Hilton, dine at Kijus Restaurant stop in for some shopping at Dozay’s Native Art Gallery.

MembertouHeritagePark.com
Kijus.com
Dozay.com

Day 12
Today, travel south towards Eskasoni, the largest Mi’kmaq community in the world and spend the afternoon with Eskasoni Cultural Journeys. Overnight St Peters.

EskasoniCulturalJourneys.ca

Day 13
Once on the western shore of Nova Scotia, explore the Millbrook Cultural & Heritage Centre (Glooscap Heritage Centre) and the Mi’kmaq Museum on Millbrook First Nation, the Mi’kmaq community located within the town of Truro.

MillbrookHeritageCentre.ca
MillbrookFirstNation.net

Day 14
Visit Mi’kmawey Debert Interpretive Trail, where you can spend the day exploring an area rich in both culture and nature. Return to Halifax.

MikmaweyDebert.ca